#### How to use the essence

### - Aura spray

- Hold the essence and sense where a feeling or a change comes up in the body, also thoughts may show up.
- The essence reflects the current situation: even if there is no immediate issue, the essence still works on a subtle level.
- The essence aligns the chakras and harmonizes the aura. Disruptive thoughts and feelings show blocks that are balanced by the essence. Things that want to be dealt with individually remain.
- Facilitates energy work and therapeutic work in the aura.
- Supports subtle cleansing and energizing of spaces.
- As the energy picture on the bottle maintains its effect, the bottle can be refilled.

#### **Please Note:**

Ingredients: energized water, alcohol, flower essences, natural coloring, 50ml

When removing the cap the spray nozzle may inadvertently be loosened: please make sure that it is always tight. For external use only.

I have asked him personally, and João de Deus has said "YES" to my Essence.



Photo: M. Emoto. SoulGate-Essences support us in living

our creativity without limitations.

TimeToDo

**Bärbel Schlamp** 





"I say YES to my lifeplan and take my place."





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to attend every year. In 2012 I deepened my cosmic connection and since then have described this experience with the

"I say YES

to my life plan"

In 2007 this statement changed

my life on all levels. Based on this

personal commitment not only the

+ 5

SoulGate-Essence was created, but also the annual "SoulGate-Event" which draws more and more people

statement, "I take my place". SoulGate-Essences support us in living our creativity without limitations.









Supports you subtly to walk your own spiritual path in a grounded and lightfilled way. Return to nature and feel held. Allow yourself to follow your path protected and confidently. Feel calm and supported, so that you are centered and grounded in your daily activities and you can absorb positive energy.

Open your heart and let Lady Avalon do her work. You are touched in a deep and transformational way, emotional patterns disappear and the source within you starts "bubbling".

A re-connection to different levels within you and around you as well as an increase in vibration become possible.

## SoulGate Essence "Rose" Heart Opening

It subtly supports us in opening our hearts and helps to better accept life challenges and to act from a place of inner peace. An open heart creates space for unconditional love. Free from expectations we stand in life like a rock, deeply anchored - serene - radiating love. This essence subtly opens our heart and supports us in accepting situations in life and in acting from a state of inner peace.

## SoulGate Essence "Turquoise" Liberation

This essence subtly supports us and gradually lifts the veil of our mundane illusions which prevent us from walking and acting in an empowered way in alignment with the plan of our soul. Purified and free of what does not belong to us, we can trust and follow our own inner wisdom. This freedom lets us experience our inner ease of being – a true joy of experience! It subtly liberates from outside energies and clears what is to be cleared. We can again live the original plan of our soul.



# SoulGate Essence "White" Mindfulness

It supports us subtly: Live your life in the now-moment - mindful, without judgment; with awareness instead of mentally analyzing. This essence clears the mind and spirit and awakens our deep inner wisdom. Detached from the constant "have to" we become aware of the impulses that gradually lead us to our deeper being. It helps you to consciously live in the now. Mindfully, we are aware of the signs of our own inner wisdom.



**SoulGate** 

**Essence** 

"Gold"

**Golden Protection** 

It supports us subtly:

This essence envelops

us with golden light and

strengthens our aura.

This golden mantle of

protection offers space

to rediscover our original

energy and to strengthen

our original trust - we

can return to the divine

source. It subtly envelops

you in a cosmic golden

mantle of light, in which

vou can safely find your

original power.



## SoulGate Essence "Phönix" Recovery

Subtly supports us in providing what is necessary after illness, emotional trauma or hurt. Helps get us back where we belong, giving us the confidence and strength to continue on our soul's journey. Where there has been heartache, you will now experience joy. Where there has been weakness, you will now experience divine supported life force energy. Turn negative thoughts into positive actions. Rise and soar like the phoenix of ancient mystical times and enjoy the love of self once again.